



K 12 Breakfast Menu Summer 2023



TOGETHER - Preparing EVERY
Student for Future Success

Monday June 12, 2023	Tuesday June 13, 2023	Wednesday June 14, 2023	Thursday June 15, 2023	Friday June 16, 2023
	Sausage, Egg & Cheese on A English Muffin	Breakfast Pizza	French Toast Stick W/ Sausage Patty	
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday June 19, 2023	Tuesday June 20, 2023	Wednesday June 21, 2023	Thursday June 22, 2023	Friday June 23, 2023
	Egg & Cheese On A Biscuit	Tie-Dye Donut	Ham, Egg & Cheese Crossaint	
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday June 26, 2023	Tuesday June 27, 2023	Wednesday June 28, 2023	Thursday June 29, 2023	Friday June 30, 2023
	Bacon, Egg & Cheese on A English Muffin	Breakfast Pizza	Egg & Cheese On A Bagel	
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday July 3, 2023	Tuesday July 4, 2023	Wednesday July 5, 2023	Thursday July 6, 2023	Friday July 7, 2023
	NO SCHOOL	Sausage, Egg & Cheese on A Biscuit	Egg & Cheese On A Biscuit	
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday July 10, 2023	Tuesday July 11, 2023	Wednesday July 12, 2023	Thursday July 13, 2023	Friday July 14, 2023
	Belgian Waffle & Sausage Patty	Breakfast Pizza	Sausage, Egg & Cheese On A Bagel	
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday July 17, 2023	Tuesday July 18, 2023	Wednesday July 19, 2023	Thursday July 20, 2023	Friday July 21, 2023
	Bacon, Egg & Cheese Crossaint	Tie-Dye Donut	Ham, Egg & Cheese on A English Muffin	
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Student Paid Breakfast \$0.00 Student Reduced Breakfast \$0.00 Adult Breakfast \$2.75				

DAILY BREAKFAST OPTIONS MAY INCLUDE:

Items Served at the Elementary
Schools everyday include Cereal
and Toast. Items Served at the
HS/JHS everyday include Cereal
and Toast.

What is a Meal?

You must choose at least 3 of
the 4 components available
for the school
breakfast price.

Choice of: Grain or
grain/protein
Choice of fruit (at least 1/2
cup must be taken with
every breakfast) and
Choice of Milk
Choice of Milk - 1% white,
fat-free white, and fat-free
chocolate

Fruit May Include:

Must choose at least 1/2 cup

Canned peaches, applesauce,
canned pears, canned pineapple,
fruit cocktail, mandarin oranges,
100% juice

Fresh Fruit Selections May Include:

Oranges, Apples, Bananas,
Grapes, Pears, Peaches,
Cantaloupe, Melon, Strawberries,
Applesauce, Pineapple, and
Mandarin Oranges.

Nutrition Service Director

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Menu subject to change based upon
product availability

This institution is an equal opportunity provider.

For your convenience we now offer a way to pay online. Go to "www.payschoolscentral.com" to find out more.